

**High Risk Foot Form**

77014

QUT HIGH RISK FOOT CLINIC

7709

Facility: QUT HIGH RISK FOOT CLINIC 7709

URN:

Family name: BEAR EAY

Given name(s): DAVID

Address: 22 FOOTB ST KENT 4111

Date of birth: 01/01/48

Sex:  M  F  I

**Document contents:** Page 1: Instructions only Page 2: Data Collection Page 3: Clinical Information Page 4: Clinical Information

**Instructions**

**1. a.) General form instructions**

- Use only original forms. Do not photocopy the forms.
- Use a **black pen** only to complete the form - do not use pencil, other pen colours or white out (Liquid Paper)
- Indicate responses by filling in the circle or inserting numbers or letters (CAPITALS) completely within the boxes.
- Layout of dates should always be Day Month Year (e.g. 01 / 04 / 2008).
- For all 'Yes / No' questions, an answer must be completed - do not leave blank.

**b.) Patient identification**

- Affix patient identification label within the box at the top right corner of the form. Ensure label does not cover corner marker on the form

**c.) Manual entry: Sex, URN (UR Number), and Date of Birth (i.e. no label supplied)**

- These fields are used to identify and track the patients records through our database.
- These fields are mandatory and should be completed for every form sent to PSQ.
- Examples: Sex (M, F) || Date of birth (06/01/1974) || URN (1234567, T234567, 123456)
- Please include leading zeros and characters in UR Numbers.

**2. Facility Codes**

- Facility (Hospital, Facility Code, Referral Site)
- These fields are used to capture the facility in which the form was completed. Put the name or the code of the facility in the space provided. For example: *Royal Brisbane & Women's Hospital* or *00201*
- The definitive source of facility codes is found under 'Facility Codes' in the 'Corporate Reference Data System' found at the top left of the webpage: <http://qheps.health.qld.gov.au/reftools.htm>

Facility QUT HRFC Facility code 7.7.0.4

**3. Date Fields**

- Date fields are used to capture various dates in the format of dd/mm/yyyy. Dates such as 01/01/2011 should include leading zeros when entering the day and month. Other dates fields may also have times attached therefore the format will be: dd/mm/yyyy hh:mm

Date form completed 

1	0	3	2	0	1	3
---	---	---	---	---	---	---

 ED presentation date 

--	--	--	--	--	--

 Time 

		:		
--	--	---	--	--

**4. Text Box Fields**

- Text box fields are alphanumeric by default meaning they can hold both alpha characters or numeric characters. Typically, data collection forms are designed to only accept either numeric or alpha not both for each text box. Therefore it is important when completing these types of fields that the correct data format is used. For instance: 'Age' requires numerical values such as 23, 45, 54 and 'Ward' requires alpha values such as ICU.
- Text box fields with a decimal place built into the text box allow data such as height or some measure to be entered. Text boxes with no decimal place built in will not allow users to enter their own decimal place and will reject the data when scanning.

Age 

	6	5
--	---	---

 Weight 

	1	0	5
--	---	---	---

 kg

**5. Choice Fields**

- Choice fields let you choose one or more options within a select group of options available. There are two format rules for choice fields: *Single Choice* and *Multiple Choice*.

- **Single Choice** fields: only choose one option out of the one or more available. Single Choice fields may be indicated with a (Single Choice) next to the title of the field.

**Single choice** (single choice):  Select me  Or me  Or even me *For example:* **Separation status** (single choice):  Discharged  Transferred  Deceased

- **Multiple Choice** fields: you can select more than one option out of all options available. Multiple Choice fields may be indicated with a (Multiple Choice) next to the title of the field.

**Multiple choice** (multiple choice):  Pick me  Aswell as me  Fill me in too *For example:* **Health professional(s) attending** (multiple choice):  Podiatrist  GP  Physician  Other

**On document completion:** Separate pages 1 and 2 from pages 3 and 4. Photocopy page 2, sign and date copy and retain in clinical notes with pages 3 and 4. Send original page 2 to Collections Officer, MRAT, PSQ.

**For further information on how to complete a data collection form please contact MRAT at: [mrat@health.qld.gov.au](mailto:mrat@health.qld.gov.au)**

**University of Texas classification system for diabetic wounds**

Stage / Comorbidities	Depth	Pre- or post- ulcerative lesion completely epithelialised	Superficial wound not involving tendon, capsule or bone	Wound penetrating to tendon or capsule	Wound penetrating to bone or joint
No infection or ischaemia	A 0	A 0	A 1	A 2	A 3
With infection	B 0	B 0	B 1	B 2	B 3
With ischaemia	C 0	C 0	C 1	C 2	C 3
With infection and ischaemia	D 0	D 0	D 1	D 2	D 3

DO NOT WRITE IN THIS BINDING MARGIN

HIGH RISK FOOT FORM



**CHI****Queensland Government**

HRF Version v1.0

**Marking Guide**

Use black ballpoint pen

**A 3**

Correct

Correct

**A 3**

Incorrect

Incorrect

Office Use Only

(Affix identification label here)

**Sex:****URN:****Family Name:** BEARBY**Given Name(s):** DAVID  
22 FOOTE ST  
KENT**Date of birth:** 01/01/1948**Post Code:** 4111

(Label corner here)

Form ID: HRF1

Date: 23/03/2011

**High Risk Foot Data Collection Form****Facility:** QUT HRFC 77014

(Please enter your Facility name or code)

**Health professional(s) attending** (multiple choice)**Visit type** (single choice) New client visit  Review client visit  Did not attend  Podiatrist GP**Today's visit to HRFS****Separation status** (If applicable)

Nurse Orthotist

Discharged Transferred Deceased

Physician Surgeon

(single choice)

 Other

1010312013

New client visits only (or client previously discharged with new referral)

**Date of referral****Indigenous status** (single choice)Aboriginal  
NeitherTorres Strait Islander  
Unknown/ Not stated

Both

**SUBJECTIVE Reason for attendance**HIGH RISK FOOT ANNUAL REVIEW - ASSESSMENTS  
+ REVIEW OF FOOTWEAR + ORTHOSES TREATMENT FROM 2012**Medical and diabetic foot history****Medical history** (single choice)

Non-diabetes

Type 1 diabetes

 Type 2 diabetes

If diabetes, then year diagnosed: 1991

**Co-morbidities** (multiple choice) Neuropathy Hypertension

Dyslipidaemia

CVD

ESRF

PAD

Smoker

CKD

 Other: CHARCOT ARTHROPATHY B FEET**Recent BGLs greater than 15mmol/L?**Yes  No  N/A**Previous foot ulcer** Yes  No **Current foot ulcer** Yes  No 

If yes, is this a new ulcer? Yes No

**HbA1c result** 6.9**Previous amputation** Yes  No **Clinical diagnosis****Risk Classification** (single choice)**Neuropathy** Yes  No **PAD** Nil  Mod  Crit Location:.....**Acute Charcot** Yes  No  Location:.....**Foot Deformity** Yes  No **Acute**

- Foot ulcer/ acute Charcot

 **High risk**- Foot deformity with Neuropathy and / or PAD  
- Previous ulcer or amputation or critical PAD**At risk**

- Neuropathy or PAD

**Low risk**

- Nil Neuropathy or PAD

**Ulcer / wound assessment summary****Type** (single choice)

(for highest scoring ulcer / wound)

Neuropathic

Neuro-Ischaemic

Ischaemic

Post Surgical

**Combined surface area** (single choice)

Healed No change Smaller Larger

**Clinical signs of infection** (see infection - page 4)

Nil Mild Moderate Systemic

**Combined surface area**mm<sup>2</sup>**UTWCS Grade**

(for highest scoring ulcer / wound)

**Management performed****Debrided ulcer / wound / callus** Yes  No  N/A  **Off-loading optimum** Yes  No  N/A **Dressing optimum** Yes  No  N/A  **Footwear optimum** Yes  No  N/A **Antibiotics required** Yes  No  N/A  **Educated patient** Yes  No  N/A **Completed by** (print name)

L. NEED

**Designation:**

PODIATRIST

**Signature:**

[Signature]

**Date:**

10/03/2013

Photocopy this form, sign photocopy and retain for chart. Send original to data collections officer, PSQIS

DO NOT WRITE IN THIS BINDING MARGIN

# High Risk Foot Form

URN:

Family name: **BEARAY**

Given name(s): **DAVID**

Address: **22 FOOTE ST KENT 4111**

Date of birth: **01/01/1978**

Sex:  M  F  I

\* All fields marked with \* must be recorded in the data collection section (page 2).

[Right foot]		Mandatory foot assessment (complete minimum 6 monthly)		[Left foot]	
<b>Pulse</b>	0 + ++ +++ ABPI: _____	<b>Pulse</b>	0 + ++ +++ ABPI: _____		
Dors ped:	<input type="checkbox"/> <input type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/> Toe pressure: _____ mmHg	Dors ped:	<input type="checkbox"/> <input type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/> Toe pressure: _____ mmHg		
Post tib:	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Post tib:	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>		
<b>Claudication or rest pain</b>	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent	<b>Claudication or rest pain</b>	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent		
Distance before onset:	_____	Distance before onset:	_____		
<b>Monofilament 10g</b>	<input type="checkbox"/> Hallux <input type="checkbox"/> PMA 1 <input type="checkbox"/> PMA 5	<b>Monofilament 10g</b>	<input type="checkbox"/> Hallux <input type="checkbox"/> PMA 1 <input type="checkbox"/> PMA 5		
<b>Deformity and skin lesions</b>	<input type="checkbox"/> Absent <input type="checkbox"/> HAV <input type="checkbox"/> Lesser toes <input type="checkbox"/> Charcot <input type="checkbox"/> Amputation <input type="checkbox"/> Ulcer <input type="checkbox"/> Corn / callus <input type="checkbox"/> Heel fissure <input type="checkbox"/> Other	<b>Deformity and skin lesions</b>	<input type="checkbox"/> Absent <input type="checkbox"/> HAV <input type="checkbox"/> Lesser toes <input type="checkbox"/> Charcot <input type="checkbox"/> Amputation <input type="checkbox"/> Ulcer <input type="checkbox"/> Corn / callus <input type="checkbox"/> Heel fissure <input type="checkbox"/> Other		
<b>Nail pathology</b>	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	<b>Nail pathology</b>	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		

Additional tests / observations (e.g. neurological tests / pain, odema, temperature)

## Ulcer / wound assessment

Location	1	2	3
	<b>L 2ND DIGIT</b>	<b>L MEDIAL ARCH</b>	<b>CALLUS ON PAST ULCERS, L PLANTAR FOOT</b>
<b>Change</b>	<input checked="" type="checkbox"/> Healed <input type="checkbox"/> No change <input type="checkbox"/> Infected <input type="checkbox"/> Smaller <input type="checkbox"/> Larger	<input checked="" type="checkbox"/> Healed <input type="checkbox"/> No change <input type="checkbox"/> Infected <input type="checkbox"/> Smaller <input type="checkbox"/> Larger	<input checked="" type="checkbox"/> Healed <input type="checkbox"/> No change <input type="checkbox"/> Infected <input type="checkbox"/> Smaller <input type="checkbox"/> Larger
<b>Type</b>	<input type="checkbox"/> Neuropathic <input type="checkbox"/> Neuro-Ischaemic <input type="checkbox"/> Other <input type="checkbox"/> Ischaemic <input type="checkbox"/> Post surgical	<input type="checkbox"/> Neuropathic <input type="checkbox"/> Neuro-Ischaemic <input type="checkbox"/> Other <input type="checkbox"/> Ischaemic <input type="checkbox"/> Post surgical	<input type="checkbox"/> Neuropathic <input type="checkbox"/> Neuro-Ischaemic <input type="checkbox"/> Other <input type="checkbox"/> Ischaemic <input type="checkbox"/> Post surgical
<b>Size: width, length, surface area, depth</b> <small>(record total SA for all wounds)</small>	W: _____ mm L: _____ mm SA: _____ mm <sup>2</sup> D: _____ mm	W: _____ mm L: _____ mm SA: _____ mm <sup>2</sup> D: _____ mm	W: _____ mm L: _____ mm SA: _____ mm <sup>2</sup> D: _____ mm
<b>Wound bed</b>	<input type="checkbox"/> Necrotic _____ % <input type="checkbox"/> Granulating _____ % <input type="checkbox"/> Epithelialising _____ % <input type="checkbox"/> Sloughy _____ % <input type="checkbox"/> Pale _____ % <input type="checkbox"/> Hypergranulating _____ % <input type="checkbox"/> Bone _____ %	<input type="checkbox"/> Necrotic _____ % <input type="checkbox"/> Granulating _____ % <input type="checkbox"/> Epithelialising _____ % <input type="checkbox"/> Sloughy _____ % <input type="checkbox"/> Pale _____ % <input type="checkbox"/> Hypergranulating _____ % <input type="checkbox"/> Bone _____ %	<input type="checkbox"/> Necrotic _____ % <input type="checkbox"/> Granulating _____ % <input type="checkbox"/> Epithelialising _____ % <input type="checkbox"/> Sloughy _____ % <input type="checkbox"/> Pale _____ % <input type="checkbox"/> Hypergranulating _____ % <input type="checkbox"/> Bone _____ %
<b>Surrounding skin</b>	<input type="checkbox"/> Macerated <input type="checkbox"/> Hyperkeratotic <input type="checkbox"/> Indurated <input type="checkbox"/> Normal / healthy <input type="checkbox"/> Fragile <input type="checkbox"/> Erythema <input type="checkbox"/> Oedema <input type="checkbox"/> Dry / scaly	<input type="checkbox"/> Macerated <input type="checkbox"/> Hyperkeratotic <input type="checkbox"/> Indurated <input type="checkbox"/> Normal / healthy <input type="checkbox"/> Fragile <input type="checkbox"/> Erythema <input type="checkbox"/> Oedema <input type="checkbox"/> Dry / scaly	<input type="checkbox"/> Macerated <input type="checkbox"/> Hyperkeratotic <input type="checkbox"/> Indurated <input type="checkbox"/> Normal / healthy <input type="checkbox"/> Fragile <input type="checkbox"/> Erythema <input type="checkbox"/> Oedema <input type="checkbox"/> Dry / scaly
<b>Wound edge</b>	<input type="checkbox"/> Regular <input type="checkbox"/> Irregular <input type="checkbox"/> Undermined <input type="checkbox"/> Rolling	<input type="checkbox"/> Regular <input type="checkbox"/> Irregular <input type="checkbox"/> Undermined <input type="checkbox"/> Rolling	<input type="checkbox"/> Regular <input type="checkbox"/> Irregular <input type="checkbox"/> Undermined <input type="checkbox"/> Rolling
<b>Odour</b>	<input type="checkbox"/> Nil <input type="checkbox"/> Offensive	<input type="checkbox"/> Nil <input type="checkbox"/> Offensive	<input type="checkbox"/> Nil <input type="checkbox"/> Offensive
<b>Exudate</b>	<input type="checkbox"/> Nil <input type="checkbox"/> Low <input type="checkbox"/> Moderate <input type="checkbox"/> High <input type="checkbox"/> Serous <input type="checkbox"/> Purulent <input type="checkbox"/> Haemoserous	<input type="checkbox"/> Nil <input type="checkbox"/> Low <input type="checkbox"/> Moderate <input type="checkbox"/> High <input type="checkbox"/> Serous <input type="checkbox"/> Purulent <input type="checkbox"/> Haemoserous	<input type="checkbox"/> Nil <input type="checkbox"/> Low <input type="checkbox"/> Moderate <input type="checkbox"/> High <input type="checkbox"/> Serous <input type="checkbox"/> Purulent <input type="checkbox"/> Haemoserous
<b>Sinus</b>	<input type="checkbox"/> Yes (depth: _____ mm) <input type="checkbox"/> No	<input type="checkbox"/> Yes (depth: _____ mm) <input type="checkbox"/> No	<input type="checkbox"/> Yes (depth: _____ mm) <input type="checkbox"/> No
<b>Probe to bone?</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>UTWCS Grade</b>			
<b>Treatment goal</b>	<input type="checkbox"/> Debridement <input type="checkbox"/> Control exudate <input type="checkbox"/> Bacterial load <input type="checkbox"/> Protect <input type="checkbox"/> Rehydration <input type="checkbox"/> Control odour <input type="checkbox"/> granulation <input type="checkbox"/> Manage pain	<input type="checkbox"/> Debridement <input type="checkbox"/> Control exudate <input type="checkbox"/> Bacterial load <input type="checkbox"/> Protect <input type="checkbox"/> Rehydration <input type="checkbox"/> Control odour <input type="checkbox"/> granulation <input type="checkbox"/> Manage pain	<input type="checkbox"/> Debridement <input type="checkbox"/> Control exudate <input type="checkbox"/> Bacterial load <input type="checkbox"/> Protect <input type="checkbox"/> Rehydration <input type="checkbox"/> Control odour <input type="checkbox"/> granulation <input type="checkbox"/> Manage pain
<b>Dressing regime</b>	<input type="checkbox"/> Dry dressing <input checked="" type="checkbox"/> Alginate <input type="checkbox"/> Hydrofibre <input type="checkbox"/> Antimicrobial ( _____ ) <input type="checkbox"/> Hydrogel <input type="checkbox"/> Foam <input type="checkbox"/> Other	<input type="checkbox"/> Dry dressing <input checked="" type="checkbox"/> Alginate <input type="checkbox"/> Hydrofibre <input type="checkbox"/> Antimicrobial ( _____ ) <input type="checkbox"/> Hydrogel <input type="checkbox"/> Foam <input type="checkbox"/> Other	<input type="checkbox"/> Dry dressing <input checked="" type="checkbox"/> Alginate <input type="checkbox"/> Hydrofibre <input type="checkbox"/> Antimicrobial ( _____ ) <input type="checkbox"/> Hydrogel <input type="checkbox"/> Foam <input type="checkbox"/> Other
<b>Add photo / trace</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No

\* For additional ulcers / wounds, please use the *High Risk Foot Form - Additional Ulcer / Wound Assessment (SW174)*.

Tick (✓) if additional ulcer / wound assessment in use / attached.

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# High Risk Foot Form

URN:  
 Family name: **BEARAY**  
 Given name(s): **DAVID**  
 Address: **22 FOOTE ST KENT 4111**  
 Date of birth: **01/01/1946** Sex:  M  F  I

## Infection

\* Infection  Yes  No  N/A      \* Antibiotics required  Yes  No  N/A      Cellulitis  Yes  No

Mild (<2cm)       Referred for medical review <24hours  
 Amoxicillin / Clavulanate 875/125mg Oral BD  
 If there is a non-severe penicillin allergy or other contra-indication e.g. Hepatitis, use: \_\_\_\_\_

Moderate (>2cm)       Cephalexin 500mg Oral QID and Metronidazole 400mg Oral BD  
 Other: \_\_\_\_\_

Systemic symptoms, spreading cellulitis or suspect osteomyelitis (probe to bone)       Refer for potential admission and / or parenteral antibiotics  
 See Therapeutic Guidelines: Antibiotic Version 12 2006

MRSA / VRE or severe penicillin allergy       Contact Infectious Diseases for consultant

## Off-loading deformity

\* Off-loading deformity  Yes  No  N/A      \* Footwear optimum  Yes  No  N/A

Post-op shoe / boot       Removable cast walker       Total contact cast       Padding       Off-shelf footwear  
 Depth footwear       Custom footwear       Insoles / orthotics       Surgical repair

Comments: **DEPTH FOOTWEAR + CUSTOM ORTHOSES WEARING OUT**

## Additional comments

**SOME EXTRAUSATION BENEATH L CUBOID CALLOUS, COMPRESSION OF ORTHOTIC COVERS + PADDING. SHOE UPPERS DISTORTING. GAIT SHOWS MIDFOOT BREAK, EARLY HEEL LIFT, B.MTJ + LISFRANK + STJ ROM LIMITED, B ANKLE DF L10°**

## Patient education

\* Provided education  Yes  No  N/A      Comments: **REVIEW 1 WEEK FOR THOROUGH BIOMECHANICAL + GAIT EXAM - PLANTAR PRESSURE ANALYSIS + XRAY REVIEW**

Foot risk status       Appropriate footwear  
 Blood glucose control       Ulcer management  
 Daily foot checks       Other: **ORTHOSSES**

## Treatment plan

Short term: **NAIL CARE BOTH FEET**  
**L C pl cuboid debrided**

Long term: **MONITOR SKIN/TISSUE INTEGRITY**  
**REVIEW 1/52 RE BIOMECH EXAM + ORTHOTIC PRESCRIPTION**

Service goal  
 Client / carer agrees and understands:  Yes  No  
 Client signature: **D. Bearay**      Date: **10/03/2013**

## Review and referrals

Review date: **17/03/2013**

Hyperglycaemia (>8% HbA1c)  Diabetes educator  GP  Endocrinologist

\* PAD / Ischaemia  Vascular surgeon - Critical PAD → Absent pulses + claudication / rest pain or ulcer  
 Toe pressure <30mmHg or ABI <0.4  
 HRFS - Moderate PAD → Toe pressure 30-70mmHg or ABI 0.4-0.7

Painful Neuropathy  Medical pain review

Other referrals  Orthopaedic surgeon  Infectious diseases consultant

Tests  X-ray  Bloods  Swab / pathology  Other: **EMED**

Assessor's name (please print): **L. Reed**      Designation: **PODIATRIST**      Signature: **[Signature]**      Date: **10/03/2013**

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